

About Bill Wilson Center

Bill Wilson Center is a nonprofit, community-based agency providing services to Santa Clara County since 1973. Bill Wilson Center's mission is to support and strengthen the community by serving youth and families through counseling, housing, education, and advocacy. Each year Bill Wilson Center serves more than 10,000 clients through the following programs:

- Family & Individual Counseling
- Runaway and Homeless Youth Shelter
- Homeless Youth Drop-In Center
- Transitional Housing Program
- Centre for Living with Dying
- Independent Living Skills Program
- School Outreach Counseling
- Contact Cares
- Quetzal House
- Restorative Justice Program
- Safe Place
- Peer Education Program
- Foster Care Services
- Adoption Services
- Parent/Child Therapy
- Clinical and Behavioral Services

Bill Wilson Center

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PCIT Contact Information

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**We accept referrals from:
Parents, Teachers, Physicians, Family
Court, Social Workers, Schools and other
Community Service Agencies.**

**Payments Accepted:
Medi-Cal, Victim Witness, sliding scale
fees and grants are available for those
who qualify.**

Bill Wilson Center

counseling • housing • education • advocacy

Parent-Child Interaction Therapy and Training



About the Program

Parent Child Interaction Therapy and Training (PCIT) is a positive and well-respected program designed to help both parents and children.

In PCIT, parents and children play together while a therapist talks to the parent through an earpiece. **Parents are taught specific skills that will help foster a more positive relationship with their child and help decrease their child's negative behaviors.**



PCIT Consists of Two Parts

Part One: Relationship Enhancement

Parents learn how to decrease the negative aspects of their relationship with their child and how to develop and increase consistently positive and supportive communication.

Part Two: Strategies to Improve Compliance

Parents learn to use effective commands and specific behavior management techniques. Parents are taught time out procedures and how to manage children's behavior in real-world settings.

PCIT is fun for both parent and child. Children love coming to sessions!

Does your child have difficult behavior?

We can help!!

Is PCIT right for my family?

- Is your child having behavior problems at home, school or daycare?
- Is your child constantly arguing with you?
- Does your child refuse to follow directions?
- Does your child anger quickly or throw temper tantrums?
- Do you find yourself yelling at your child or losing your temper?
- Is your child shy, withdrawn or have low self-esteem?
- Does your child have difficulty attending school?

If so, YOU ARE NOT ALONE!!!

Behavior problems among children are fairly common. These problems can be effectively treated if they are addressed early. PCIT is backed by 20 years of research and has been scientifically proven to successfully treat these behavior problems.

PCIT is appropriate for children who:

- Are between the ages of 2 - 8.
- Are exhibiting chronic behavioral problems at home, school, pre-school or daycare.
- Have experienced stress or trauma.
- Are currently living with one or both parents, relatives, foster or adoptive parents.
- Currently take medication to manage their behavioral problems.

