

Bill Wilson Center is a non-profit, community-based agency located in Santa Clara, and has been providing services to the Santa Clara County community since 1973. Bill Wilson Center's mission is to support and strengthen the community by serving youth and families, through counseling, housing, education, and advocacy. Each year Bill Wilson Center serves over 10,000 clients through the following programs:

- Family & Individual Counseling
- Homeless Youth Drop-in Center
- Independent Living Skills Program
- Peer Educator Program
- Contact Cares
- Quetzal House
- Restorative Justice Program
- Runaway and Homeless Youth Shelter
- Safe Place
- School Outreach Counseling
- Transitional Housing Program
- Centre for Living with Dying

Bill Wilson Family and Individual Counseling Center is partially funded by:

City of Santa Clara  
&  
City of Sunnyvale

## ***Parent Education Group***

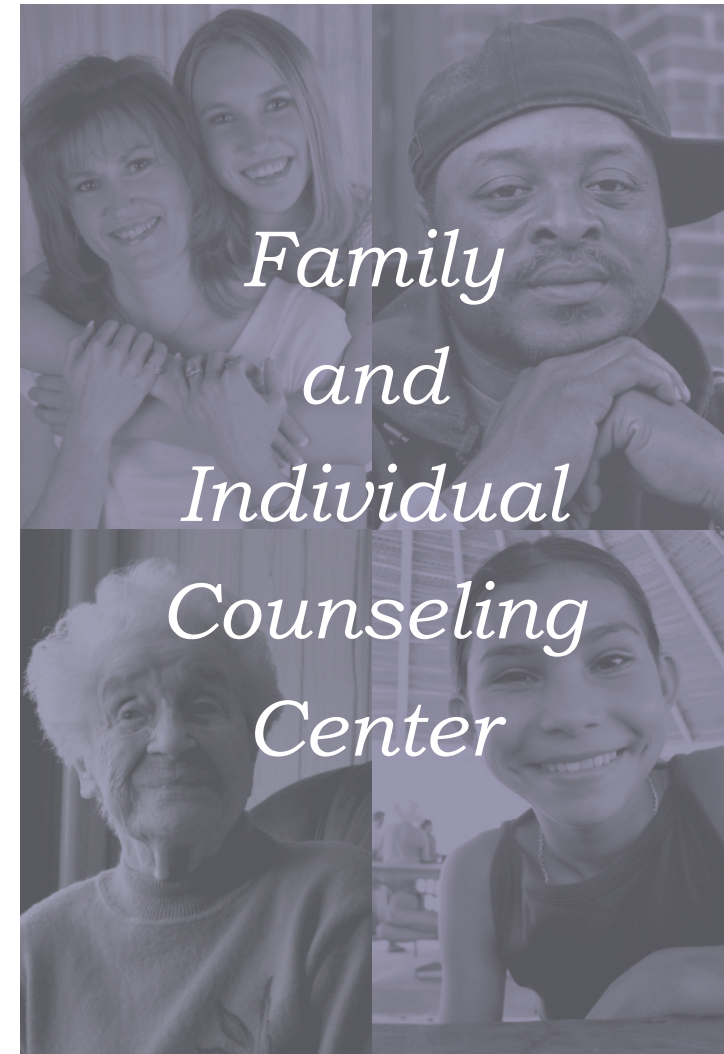
Parents will receive tools for effective parenting. The class will present such valuable information as:

- How to parent to create resilient children who feel able to meet life's challenges.
- How to determine the goals of your child's misbehavior.
- How to respond to inappropriate behavior.
- How to decide: "Who owns the problem."
- Skills which help you to communicate so that your child listens to you.
- How to build mutual respect in your relationship with your child.
- How to be an encouraging parent.
- How to set limits with appropriate consequences and rewards.

From more information  
or to enroll  
call Lucy Teo,  
Intake Counselor,  
at (408) 850-6145

# *Bill Wilson Center*

counseling • housing • education • advocacy



# About the Program

The Family and Individual Counseling Center provides counseling services to individuals of all ages and addresses a wide variety of problems including family conflict, substance abuse, depression, anxiety, stress, out of control behavior, and school problems.

Overall, the focus of the program is to help individuals develop the skills and confidence needed to handle any crisis they may face.

- Counseling is provided on a sliding fee scale, based upon income.
- Referral services provided as necessary.
- Counseling services provided in Spanish, Vietnamese, Greek, Japanese, Chinese, Urdu, Hindi, Punjabi and English.



## Counseling Services

- Short and long term counseling for adults, families, couples, children, and adolescents.
- Parenting groups.
- Court-ordered counseling.
- Free school based counseling in Santa Clara County Unified School District, including Vietnamese peer culture groups, and individual counseling services at the school site.
- Telephone Crisis Line is available 24/7 to offer listening and support, crisis intervention, information and referral, and parental stress support. The crisis line is free and confidential. Call (408) 279-8228.



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## Entering Counseling

1. Call Intake Counselor, Lucy Teo, at (408) 850-6145.
2. A telephone intake will be conducted within 48 - 72 hours of the telephone call.
3. An appointment will be made for a counseling session.
4. If we are unable to meet the needs of the client, appropriate referrals will be given.

### Counseling is provided:

Mon.-Thur.	9:00 a.m. - 9:00 p.m.
Friday	9:00 a.m. - 7:00 p.m.
Saturday	9:00 a.m. - 3:00 p.m.

### Bill Wilson Center

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